



Post your **Blenday** recipes with
#myblenday and get featured
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Supplement Facts	
Serving size: 1 pad (10g)	
% Daily Value*	
Calories	318
Total Fat	0.08 g 0.1%
Saturated Fat	0.01 g 0.00%
Total Carbohydrate	5.6 g 2%
Total Sugars	2.5 g
Dietary Fiber	3.6 g 13%
Protein	0.35 g 0.7%
Sodium	0 g
Vitamin C	100 mg 100%
* Daily Values (DV) are based on a 2,000 calorie diet.	
† Daily Value has not been set	
Ingredients: Psyllium Powder (60%), Chia Seeds (25%), Aloe Vera Powder (5%), Turmeric Powder (3%), Pectin, Glycerin, Blue Spirulina Powder, Coconut Flour, Activated Carbon	

Nutrition facts / Totumisalaane teave	
100g 10 g (1 Pad)	
Energy / Energiasisaldus	1332kJ / 318kcal
Fats / Rasvad	0.9 g 0.08 g
- of which saturated / - of which saturatsud	0.1g
Carbohydrates / Süsivesikud	5.6 g
- of which sugars / - of which suhkrud	2.5 g
Fiber / Kiudained	3.6 g
Protein / Valguud	3.5 g 0.35 g
Salt / Sool	0.04 g 512 g
Vitamin C / Vitamiin C	5120 g 512 g
* Percentage of nutrient reference value (% NRV) / * Procentid päevasest võrduskoostisalaanuväärtusest	
† Daily Value has not been set	
Soovituslik päevane tarbimiskogus: 10g (1 padik)	

how to use Blenday

1. Throw 1 pad into your smoothie

2. Blend

3. Enjoy

Blenday combines **convenience, eco-friendliness** and **high-quality superfood**. Mix Blenday into **blendable pillows** are surely the most innovative. Superfoods come in many forms, but **plant-based** smoothies together with your favourite ingredients to keep your daily vitamin and mineral levels in check.

Ingredients / Koostis:

EST: Kibuvitsapulber (40%), arooniapulber (40%), Camu-Camu pulber (10%), Acerola pulber (10%), ingveripulber (5%), mustikapulber, pektiin, glütseriin

ENG: Rosehip powder (40%), aconia powder (40%), camu camu powder (10%), acerola powder (10%), ginger powder (5%), blueberry powder, pectin, glycerin

Best before / Parim enne: 2°C -28°C



KAAS
kõrgus 55mm
laotus
379x399

Try these recipes:

easy & good

1 **Blenday** pad
1 banana
400 ml almond milk

advanced & delicious

1 **Blenday** pad
1 banana
1 handful of spinach
1 tsp of chia seeds
1 small cucumber
1 kiwi
100 ml water

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